



OPEN AFRICAN MASTERS ATHLETICS CHAMPIONSHIPS TUNISIA 2019

1-GENERAL INFORMATION:

Dates	: From February 6 th until February 9 th , 2019.
Venue	: Rades Athletics Stadium.
Participation	: African and European Masters Athletes.
Organization	: Tunisian Athletics Federation in collaboration with the AFMA.

Organizing Committee:

Address	: Maison des Fédérations sportives, Avenue de la Terre 1004 Cité Olympique.
Phone	: 71 751 903
Fax	: 714 755 9000
Email	: tun@mf.iaaf.org
Website	: http://www.open-african-masters-tunisian-2019.com

2- GENERAL PROGRAM:

4-5 February 2019	: Participants Arrival.
5 February 2019	: Technical meeting.
6 February	: Open Ceremony.
6-9 February 2019	: “ Open African Masters Athletics Championships- Tunisia, 2019 ”.
10 February 2019	: Departure of participants.

The program is provided in details on the website of the event:

<http://www.open-african-masters-tunisia-2019.com>

3- AGE CATEGORY:

Age categories concerned with this competition are men and women over the age 35 years at the date of the event.

Born		Age	Group	Gender
From	To			
07-02-79	06-02-84	35-39	35	H/D
07-02-74	06-02-79	40-44	40	H/D
07-02-69	06-02-74	45-49	45	H/D
07-02-64	06-02-69	50-54	50	H/D
07-02-59	06-02-64	55-59	55	H/D
07-02-54	06-02-59	60-64	60	H/D
07-02-49	06-02-54	65-69	65	H/D
07-02-44	06-02-49	70-74	70	H/D
07-02-39	06-02-44	75-79	75	H/D
07-02-34	06-02-39	80-84	80	H/D
07-02-29	06-02-34	85-89	85	H/D
07-02-24	06-02-29	90-94	90	H/D
-----	06-02-24	95+	95+	H/D

No minimum of participation for the events.

4 - REGISTRATION AND ENGAGEMENT:

Participants must register via the online system on the website and provide the number of events and the needs, accommodation, and other services mentioned in the table below.

Registration fees AFMA	20 €
Individual Events	10 €
Personal accompaniment and accreditation	15 €
Book Results	05 €
Athlete's party	15 €

Online registration will be open from December 1st, 2018, until January 31st, 2019 at midnight GMT.

It is important for athletes to respect registration deadlines.

For more information, contact the Local Organizing Committee (LOC); Email: tun@mf.iaaf.org

5- PLACE OF EVENT:

The 2019 Open African Masters Athletics Tunisia will take place at the Rades Athletics Stadium.

The cross path (route) is a loop of several turns (08km) located in Rades.

6- TRIP MODALITIES:

Athletes must organize their trips by themselves and inform the LOC of details of their arrival and departure so they arrange airport/hotel and hotel/airport transfers, which charges are, included in the accommodation fees.

Tunis Carthage airport is the official airport. The LOC assures all reception services and internal transport.

7- ACCOMMODATION:

Athletes will be hosted in two hotel categories:

5 STAR HOTELS:

MEDINA SOLARIA	Rue De La Médina 8056 Yasmine Hammamet, Tunisie	http://www.medinasolaria. website/fr	72 241 959
ROYAL HAMMAMET	Yasmine Hammamet B.P 237 Hammamet 8050	https://www.leroyal.com/en /AFRICA/hammamet- tunisia	72 244 999

4 STAR HOTEL:

EZZAHRA DAR TUNIS	Avenue Habib Thameur 2034 Ezzahra Tunisie	<a href="http://www.hotelezzahrada
rtunis.com/contact.php">http://www.hotelezzahrada rtunis.com/contact.php	71 450 788
EL HOUDA HAMMAMET	Yasmine Hammamet BP 97 Hammamet 8050	<a href="http://www.houdahotelstuni
sia.com/">http://www.houdahotelstuni sia.com/	72 245 444
VINCCI HAMMAMET	Yasmine Hammamet 8050	<a href="https://www.vinccihoteles.c
om/fre/Hotels/Tunisie/Ham
mamet/Vincci-Nozha-
Beach-Spa">https://www.vinccihoteles.c om/fre/Hotels/Tunisie/Ham mamet/Vincci-Nozha- Beach-Spa	72 244 727
PLAZZA AZUR HAMMAMET	Hammamet nord Hammamet, 8050		72 232 999
HOTEL BYZANCE NABEUL	Boulevard de la Corniche, Nabeul 8000	<a href="http://www.hotelbyzance.w
ebsite">http://www.hotelbyzance.w ebsite	72 271 299

TUNISIA CODE : + 216

Reservations will be made by the LOC based on the accommodation requirements identified during the online registration on the following website: <http://open-african-masters-tunisia-2019.com>

LOC contact details:

For any question related to accommodation: **Mr. Mansour TRITAR**

Email: mtritar2019@gmail.com Phone: +216 24 200 222.

For any other information: **Mr . Nejb BOUKOTTAYA**

Email : tun@mf.iaaf.org Phone : + 216 29 134 406

8- ACCOMMODATION FEES:

Accommodation fees per person and per night are mentioned in the following table:

Designation	3 Star Hotels		4 Star Hotels		5 Star Hotels	
	Shared double room	Supplement Single	Shared double room	Supplement Single	Shared double room	Supplement Single
Accommodation per person, per day, and in half-board.	30€	10€	35€	10€	75€	20€
			45€	15€		
			50€	15€		

Accommodation bills will be based on information (number of persons and details of arrival and departure) provided in the registration system or sent via: tun@mf.iaaf.org.

Accommodation fees can be settled by bank card during the online registration or in cash at the hotel.

9- INSURANCE AND HEALTH COVERAGE:

Each participating athlete must purchase insurance for himself and his accompaniments covering any illness or injury that may occur during the return trip and even during the championships.

The LOC is engaged with assuring participants during the championships.

The LOC provides medical coverage through the presence of physicians in the field during competitions and in hosted hotels.

10 - VISA:

All participants requiring a visa must apply for an official invitation letter from the LOC and submit the visa application in the Embassy of Tunisia of any concerned country.

For any further information concerning the visa procedure, contact the LOC through this Email: tun@mf.iaaf.org

In case of no presence of any Tunisian Embassy, the LOC endeavors to coordinate with authorities in Tunisia to issue visas upon arrival at the Tunis Carthage airport.

In order to do that, it is asked to provide a clear copy of the passport information page.

11- PARTICIPATION, RESULTS AND MEDALS:

All athletes whether they are Africans or non Africans can be qualified for the finals if their ranks or performance allow it. This qualification will be established according to the total number of participants per event, and per age category (Men and Women).

A general ranking will be established for each event and for all age categories with medals offered as following:

11.1- Athletes of African Nationality :

The first three Africans, men and women, in all age categories, and for each event will receive gold, silver, and bronze medals, in addition to a certificate outlining the ranking and performance achieved.

11.2- Athletes of other nationality other than African :

A commemorative medal and a certificate of ranking and performance for the first three men and women of each event.

12- TOURISM AND CULTURAL VISITS:

The LOC organizes touristic and cultural tours. The program will be published on the event website: <http://open-african-masters-tunisia-2019.com>

For registration and more information, contact the LOC Email: tun@mf.iaaf.org

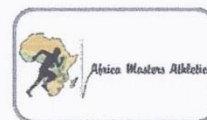
13- GIFTS AND SOUVENIRS:

The LOC offers each participant in The 2019 Open African Masters Athletics Championships, Tunisia a souvenir.



28 NOV. 2018

00002064



OPEN AFRICAN MASTERS ATHLETICS TUNISIA – 2019

INVITATION

Dear Friends,

We are pleased to inform you that the Tunisian Athletics federation is organizing the **Open African Masters Athletics Tunisia 2019** which will take place at Rades athletics stadium from the 6th to 9th February 2019.

On behalf of the local organization committee I am delighted to invite the Masters Athletics from your country to attend this big event that inspires and engages the fans of athletics.

For registration on line and more information about accommodation, transport, competition schedules, please visit the following website: <http://open-african-masters-tunisia-2019.com>

We look forward to welcoming Masters Athletics to Tunis.

Best Regards

Nejib Boukottaya

General Secretary

Tunisian Athletics Federation





الجامعة التونسية للعباب القوى
Fédération Tunisienne d'Athlétisme



LIST OF EVENTS

TRACK	Gender	FIELD	Gender	CROSS COUNTRY / ROAD	Gender
100m	W/M	High Jump	W/M	8km cross	W/M
200m	W/M	Long Jump	W/M	10km Road	W/M
400m	W/M	Pole Vault	W/M	Half Marathon	W/M
800m	W/M	Triple Jump	W/M	10km walk	W/M
1500m	W/M	Shot Put	W/M	20km walk	W/M
5000m	W/M	Hammer	W/M		
4x100m	W/M	Discus	W/M		
4x400m	W/M	Javelin	W/M		
110m HURDLES	M(35-49)				
100m HURDLES	W(35-39) / M(50-69)				
80m HURDLES	W(40-59) / M(70-79)				
400 m HURDLES	W(35-49) / M(35-59)				
300 m HURDLES	W(50-59) / M(60-69)				
3000m SC	M(35-59)				
2000m SC	W(35+) / M(60+)				

PRELIMINARY TIMETABLE

6-9/02/2019 RADES ATHLETICS STADIUM

DAY 1 (06/2/2019)

TIME	EVENT	AGE GROUPE		ROUND
07.00	10km Road	ALL	W/M	FINAL
08.30	20km walk	ALL	W/M	FINAL
09.00	Shot Put	ALL	W	FINAL
09.45	1500m	ALL	W/M	SEMI FINAL
10.45	100m	ALL	W/M	SEMI FINAL
13.45	100m HURDLES	35-39	W	SEMI FINAL
14.00	80m HURDLES	40-59	W	SEMI FINAL
14.15	110m HURDLES	35-49	M	SEMI FINAL
14.30	100m HURDLES	50-69	M	SEMI FINAL
14.45	80m HURDLES	70-79	M	SEMI FINAL
15.00	High jump	ALL	M	FINAL
15.00	Long jump	ALL	W	FINAL
15.00	Discus	ALL	M	FINAL
16.00	100m	ALL	W/M	FINAL

DAY 2 (07/2/2019)

TIME	EVENT	AGE GROUPE		ROUND
07.00	8km Cross Country	ALL	W/M	FINAL
09.45	1500m	ALL	W/M	FINAL
10.45	400m	ALL	W/M	SEMI FINAL
11.00	Hammer	ALL	M	FINAL
13.30	100m HURDLES	35-39	W	FINAL
13.45	80m HURDLES	40-59	W	FINAL
14.00	110m HURDLES	35-49	M	FINAL
14.15	100m HURDLES	50-69	M	FINAL
14.30	80m HURDLES	70-79	M	FINAL
15.00	Pole Vault	ALL	W	FINAL
15.00	Triple Jump	ALL	M	FINAL
16.00	400m	ALL	W/M	FINAL
16.00	Javelin	ALL	W	FINAL

PRELIMINARY TIMETABLE

6-9/02/2019 RADES ATHLETICS STADIUM

DAY 3 (08/2/2019)

TIME	EVENT	AGE GROUPE		ROUND
07.00	10km walk	ALL	W/M	FINAL
09.00	5000m	ALL	M	FINAL
09.00	Shot Put	ALL	M	FINAL
10.30	200m	ALL	W/M	SEMI FINAL
14.00	Discus	ALL	W	SEMI FINAL
14.00	High Jump	ALL	W	FINAL
14.00	Long Jump	40-59	M	FINAL
14.00	400 m HURDLES	35-49	W	SEMI FINAL
14.15	300 m HURDLES	50-59	W	SEMI FINAL
14.30	400 m HURDLES	35-59	M	SEMI FINAL
14.45	300 m HURDLES	60-69	M	SEMI FINAL
15.00	800m	ALL	W/M	SEMI FINAL
15.45	200m	ALL	W/M	FINAL
16.30	5000m	ALL	W	FINAL
17.30	4x100m	ALL	W/M	FINAL

DAY 4 (09/2/2019)

TIME	EVENT	AGE GROUPE		ROUND
07.00	Half Marathon	ALL	W/M	FINAL
13.30	Hammer	ALL	W	FINAL
14.00	400 m HURDLES	35-49	W	FINAL
14.15	300 m HURDLES	50-59	W	FINAL
14.30	400 m HURDLES	35-59	M	FINAL
14.45	300 m HURDLES	60-69	M	FINAL
15.00	Triple Jump	ALL	W	FINAL
15.00	Pole Vault	ALL	M	FINAL
15.00	Javelin	ALL	M	FINAL
15.15	800m	ALL	W/M	FINAL
15.45	3000mst	35-59	M	FINAL
16.15	2000mst	60+	M	FINAL
16.40	2000mst	35+	W	FINAL
17.15	4x400m	ALL	W/M	FINAL